

THE MARMALADE TEAPOT

INGREDIENT SUBSTITUTIONS

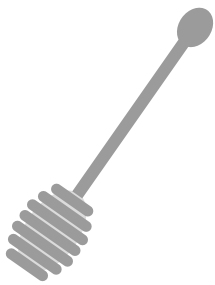
Ingredient:

Alternative:



Yogurt

Soured cream
Crème Fraiche



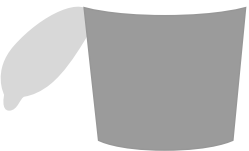
Honey

Maple syrup



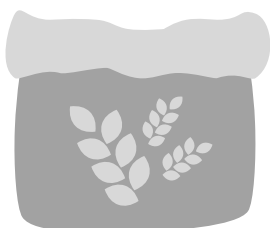
Butter

Flavourless oil such as
rapeseed



Buttermilk

Yogurt
Whole milk with a squeeze
of lemon juice



Self-raising
Flour

Use plain flour, adding 1tsp
of baking powder per 75g of
flour